**Roehampton and Fulham Juniors**

**Covid Cleaning Procedures**

**27/03/21**

The purpose of this document is to provide guidance to the Club Staff, Members and Volunteers on how to prepare their training facility initially and to provide Information on hygiene guidelines for players and coaches to prevent of spread and transmission of COVID-19.

We ensure all facilities have been thoroughly disinfected, paying particular attention to frequent touch point including handrails, doorknobs and handles, water taps, toilet flushes, light switches, chairs and any gym or cricket equipment. It is best to use single use cleaning products that can be disposed of after use.

**Products available at all sites:**

Disinfectant solution for dilution.

Single use, alcohol-based cleaning wipes.

Anti-microbrial soap solution.

Alcohol sanitising gels. Biohazard waste bags.

Buckets for mixing disinfectant solution. Facilities for hand washing including hot water, hand washing basins and disposable paper towels. A range of cleaning cloths such as microfibre. Personal protective equipment including latex or nitrile gloves.

Working in collaboration with our appointed COVID-19 Safety Officer (RK and MM) will be responsible for maintaining an appropriate stock of cleaning product and cleaning equipment.

Before any training resumes at the club, an initial ‘deep clean’ is done where as many surfaces of your clubhouse, training facility and Groundsman sheds and equipment are all disinfected as best as possible. Spraying of disinfectant solution with a pressure sprayer may save time here.

**We advise all to:**

 Start cleaning from cleanest areas and proceed towards dirtier areas. All surfaces that are frequently touched (e.g. door handles, armrests, table tops, light switches, water taps) need to be cleaned thoroughly and frequently.

 In areas where people touch the surfaces, the cleaning should be done if possible even more often e.g. between 2-4 hours especially while in use during the epidemic.

 Use an all-purpose, anti-microbial cleaning solution. The cleaning of sanitary facilities can be enhanced by using a disinfectant. Household bleach products may also be sufficient cleaning products Wear gloves to protect the hands when cleaning surfaces. Use tight-fitting disposable gloves, for example, as all-purpose gloves, or chemical resistant gloves.

 In particular, bins of bio- and mixed waste are coated with easily removable, leakproof bags in waste bins. Monitor waste bins and do not let them get more than three-quarters full. Waste bins are emptied daily, especially in public premises. The collected bin bags must be closed tightly.

 Carefully clean the equipment used at the end of each session. Wash reusable cleaning cloths at a temperature of at least 90°C or in disinfectant. Clean down the cleaning equipment and the contact surfaces of the cleaner containers with the disinfecting multipurpose cleaner/wipes.

 After cleaning, the permanent gloves must be carefully washed and dried. Disposable gloves are placed in mixed waste. Wash your hands up to your elbows with water and soap when the gloves are taken off.

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| **BEFORE** | **DURING** | **AFTER** |
| Report no symptoms before attendanceArrive safelyWash handsWipe down all personal kit and equipment with alcohol wipesWipe down all frequent touch points at training facilities including net entrances, stumps, cones, bowling machines and balls | Use only your own equipment wherever possibleWash hands and wipe equipment if you come in to contact with anyone else’s equipment eg. if you accidently handle a ball If using a towel, make sure it is you own and not shared. It is to stay in your zipped kit bag, brought out to use and then replaced straight back in the bag | Wipe down all personal equipment and touch points as beforeBowling machines to be wiped down with alcohol wipesBowling balls are to be soaked in a bucket of mixed disinfectant for at least 5 mins and then left to air dryCricket balls can be wiped with an alcohol wipe and left to dryAll wipes and single use cleaning products are to be disposed of in a biohazard bag or double bagged refuse sack.Leave safely |